

Master of Science in Allied Health Handbook 2022-2023

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Otterbein University Core Values, Guiding Principles, and Brand Pillars

Core Values

We fulfill our commitment to achieving and maintaining academic excellence through the following:

- We are committed to creating a culture that recognizes, respects, embraces, and value differences in the broadest sense.
- We are committed to sustaining an environment where all community members have the opportunity to fulfill their potential.
- We are committed to being inclusive—a historic value which led to the creation of a
 distinctive culture as a welcoming community and a sense of shared responsibility for the future of
 the University.
- We are committed to providing avenues for students, faculty, and staff to pursue opportunities to continue to develop their skills and knowledge either for the purposes of advancing their careers or for personal fulfillment.
- We are committed to remaining a "College of Opportunity" for students, faculty, and staff with the potential to succeed at Otterbein.
- We are committed to fostering a culture of social responsibility, civic engagement, and meaningful service to our communities.
- We are committed to pursuing the ideal of sustainability in the decisions we make in planning the future of our community.

Living and learning as a contributing member of Otterbein's model community will prepare you to lead a life of purpose.

Master of Science in Allied Health Mission Statement

The Master of Science in Allied Health (MSAH) will provide students with an advanced professional skill set to broaden career opportunities for individuals seeking knowledge in the areas of allied health administration, management, leadership, and health and wellness. The Department of Health and Sport Sciences (HSS) is dedicated to creating a challenging and supportive environment where all members can develop their talents, intellectual abilities and a passion for lifelong learning. This program serves to draw on the strengths of the current undergraduate curriculums to ultimately meet the emerging needs of the constituencies we serve.

Master of Science in Allied Health Program Description

The Master of Science in Allied Health degree is intended to further the educational background of individuals holding either a two-year associate or a baccalaureate degree in a related health care field of study. The umbrella of Allied Health is broad and it is necessary for individuals with an obtained associate's or baccalaureate degree to extend their academic achievement to the Masters level in order to advance their careers. The Master of Science in Allied Health is designed to enhance the ability of professionals to think critically, collect and analyze data, and utilize relevant information technologies. Otterbein University has an established reputation for graduate level study and the Department of Health and Sport Sciences is committed to developing competent, self-directed professionals through sound curricular programming, dedicated faculty, and appropriate facilities and equipment.

Nondiscrimination Policy

Otterbein University is committed to providing a welcoming environment free from discri0 GIS>ti04 Tdearnirs.oandal

Prerequisite courses must be completed at an accredited college with a grade of C or higher. If you have prerequisite courses which **are not completed prior to the application deadline**, you should plan with your academic advisor as to when you will complete these courses

MSAH Core Courses

All students must complete the "core" requirements for the Master of Science in Allied Health. The core requirements are as follows:

Core Courses: 15 hours total

- MSAH 5000 Research Design (3 hours) [Pre-req: MATH 1240 or equivalent]
- MSAH 5050 Allied Health Care Administration (3 hours)
- MSAH 5220 Evidence-based Practice (3 hours)
- MSAH 5230 Leadership and Ethics (3 hours)
- MSAH 5300 Program Planning and Evaluation (3 hours)

Goals of the Core Courses

- 1. Provide students with advanced leadership skills which will enable practitioners to advance their knowledge related to leadership, ethical and advocacy issues within their respective professional areas.
- 2. Equip students with a foundation to plan and evaluate programming within their respective Allied Health areas.
- 3. Students will able to understand and utilize Evidence-Based Practice knowledge in the development of a clinically or thesis-based capstone project.
- 4. Students will develop an appreciation for life-long learning skills (critical thinking, ability to reflect, etc.) that entail understanding that their respective profession is always evolving.
- 5. Students will connect the foundational knowledge obtained with related clinical or practical experience through direct involvement in the students' respective area of Allied Health.

Exercise and Health Science Curriculum (30 hours)

This program would be for students with an obtained baccalaureate degree in Allied Health, Exercise Science and Health Promotion, Kinesiology, or other related fields. This option is intended to prepare professionals with increased knowledge regarding the fitness and nutrition needs of individuals across the life-span, in accordance with the goals of Healthy People 2030. This degree will also enable Exercise and Health Science professionals to work toward further certification(s) within these fields. Examples include (but are not limited to) CSCS, CHES, or ACSM-EP. The five Foundation courses are required for the Master level work plus the following courses:

Exercise and Health Science Advanced Practice Content: 6 hours

MSAH 5150 Advanced Strength and Conditioning MSAH 6450 Foundations and Theory of Health Behavior

Students in the Exercise and Health Science track would then be able to <u>choose 1</u> elective to individualize their degree plan according to their future career goals.

Exercise and Health Science Goals

- 1. Develop advanced practice skills as they pertain to fitness and physically active clients.
- 2. Develop wellness-based knowledge for the worksite population.
- 3. Develop skills to manage, assess and evaluate all aspects of physical activity and wellness-based facilities.
- 4. Develop leadership skills to manage employees in physical activity and wellness-based facilities.

Bectives for Exercise and Health Science

MSAH 5025 Wellcoaches Health Coaching (3 hours)

MSAH 5500 US Healthcare Policy (3 hours)

MSAH 5660 Applied Performance Nutrition (3 hours) [Pre-req: Fundamentals of Nutrition AND Anatomy & Physiology]

MSAH 6300 Wellness for Special Populations (3 hours)

MSAH 6400 Worksite Wellness Design (3 hours)

MBA 6600 - Data Analytics (3 hours) [Pre-req: Statistics I]
MBA 6905 - Human Resource Management & Industrial Relations (3 hours)

Capstone Project

All students have the opportunity to complete either a practicum or thesis for their capstone project. Students must complete 6 hours of either MSAH 6900 or MSAH 7000. Both courses are three (3) semester hours; therefore, each will be taken twice for a total of 6 hours or students may elect to take all six hours in one semester. Practicum students should connect their practical experience to the cou6(e)9(s)21hk2 0 612 (c)10(a7(r)12(a)ec

people, printed or online materials, or any electronic device without the permission of the professor. This definition applies not only to activities within the examination room (e.g., copying from another student's paper, using a cheat sheet), but also to any attempt to obtain copies of examination questions without the faculty member's consent, including attempts to obtain them from students taking the exam at an earlier time or in a previous semester. It also includes submitting questions to web tutoring services to obtain answers before or during an exam.

In the case of open-book or open-resource exams, the instructor will indicate which sources are acceptable and which are not. If, for example, the instructor says that only the textbook is to be used in an open-book exam, consulting websites or other resources will count as academic dishonesty. Likewise, even if the instructor permits students to consult other sources, copying and pasting verbatim from the source (rather than using the source to arrive at your own answer) is a form of plagiarism and is also a violation.

In some classes and for some assignments, you will be asked to collaborate with other students. At other times you will be told to work on an assignment individually. If you are unsure of when it is permissible to work together with other students, make sure to ask your professor.

Assignments and exams are given in classes so that the professor can accurately assess your learning and give you helpful feedback to improve your learning. C

follow one of two courses:

If it is the student's first offense, the Associate Provost will confer with the faculty member to decide on an appropriat

Signatures of both the instructor and the instructor's department chairperson are required to change a grade.

When a grading issue cannot be resolved through discussions with the instructor or department chairperson

- 1. The student may present evidence in writing to the Associate Provost of Graduate Studies or program in which the course is taught indicating an error, the prejudicial basis, or the capricious manner used in evaluating his or her performance.
- 2. The Associate Provost will consult with the student and instructor after which the appeal may be passed on to the Student Appeals Council for its consultation and judgment.

The actual grade change, if deemed in order by the Student Appeals Council, shall be determined by the Associate Provost in consultation with the student and the instructor involved (or the applicable Department Chairperson if the instructor is unavailable).

Academic Grievances

In most cases, students should first try to resolve grievances informally through an individual conversation or small group discussion with those involved. The next step would be to initiate the departmental student grievance process.

Academic Policy Appeals

Students have the right to appeal decisions made regarding (a) the application of an academic policy, (b) their academic progress, and/or (c) their academic status. Such appeals would be made to the Academic Hearing Board. To file an appeal, contact the Student Success & Career Development Center: 614-823-1624, studentsuccess@otterbein.edu, or https://www.otterbein.edu/sscd/.

Academic Support Center (including Disability Services)

Located on the second floor (rear) of Courtright Memorial Library, the Academic Support Center offers a range of support services for graduate students.

Disability Services (DS)/ Accessibility Resources

Disability Services provides academic services and accommodations for students with diagnosed disabilities. Accommodations are based on an individual's specific diagnosed disability.

- To talk with the Disability Services Coordinator, Kera Manley, visit the DS Offices on the second floor (rear) of Otterbein's Courtright Memorial Library, email kmanley@otterbein.edu, or call 614-823-1618.
- To learn more about resources and accommodations offered through DS, visit Otterbein's Student Accommodations and Support webpage: www.otterbein.edu/asc/academic-support-center/disability-services/accomodations/.
- To register with the Office of Disability Services, follow the "How to Register" link on the DS webpage: https://www.otterbein.edu/asc/academic-support-center/disability-services/.

Writing Center

The Writing Center (WC) offers a range of services that can help graduate students with specific writing assignments and/or address concerns about their writing. Graduate students may work directly with the Writing

Writing Center staff.

which the degree is to be completed. (The application is available through Banner or the Registrar.) It is the student's responsibility to be aware of this requirement, to initiate the request, and to sign/return the application on time.

To participate in the Graduate Commencement Ceremony, a student must:

- Complete all academic degree requirements.
- Submit a completed Graduation Application (available through Banner or the Registrar).
- Submit any additional paperwork required in the Graduation Application.
- Meet all outstanding financial obligations.

Graduating students receive information about the commencement ceremony and the academic regalia required for the ceremony during the spring semester. Students can check O-zone—>Resources—>A-Z List—>Commencement throughout the year for deadlines, dates, and information about graduation.

Master of Science in Allied Health Course Descriptions

All courses are three credit hours unless noted.

MSAH 5025 Wellcoaches Health Coaching

Students will engage with Wellcoaches module 1 with the goal of developing health and wellness skills to facilitate a mindset and behavior change strategies that generate a sustainable healthy lifestyle, and supports life-long learning and health promotion.

MSAH 5000 Research Design

the ACSM Certified Health Fitness Specialist exam or the NSCA Certified Strength and Conditioning Specialist exam. Pre-

to critical inquiry

${\sf MSAH\,6400\,Worksite\,Wellness\,Design}$

This course is designed to advance the clinical knowledge base of persons preparing for a career in

prepare an oral defense of their project.

Appendix A-Individual Program Checklists

| Name: | Program Start Term: | | | | | | |
|----------------------------------------------------------|---------------------|----------|--|--|--|--|--|
| MSAH - Exercise and Health Science Curriculum | | | | | | | |
| I. Foundation Courses - 15 hours | Hours | Term | | | | | |
| MSAH 5000 Research Design | 3 | Fall | | | | | |
| MSAH 5050 Allied Health Care Administration | 3 | Spring | | | | | |
| MSAH 5220 Evidence Based Practice/Informatics | 3 | Fall | | | | | |
| MSAH 5230 Leadership & Advocacy in Policy | 3 | Spring | | | | | |
| MSAH 5300 Program Planning and Evaluation | 3 | Summer | | | | | |
| II. Advance Practice Content Courses - 6 hours | Hours | Term | | | | | |
| MSAH 5150 Advanced Strength & Conditioning | 3 | Spring | | | | | |
| MSAH 6450 Foundations and Theory of Health Behavior | 3 | Summer | | | | | |
| | T | <u></u> | | | | | |
| III. Thesis OR Advanced Practicum - 6 hours (choose one) | Hours | Term | | | | | |
| MSAH 6900 Advanced Clinical Practicum | 3 | F/Sp/Smr | | | | | |
| MSAH 7000 Thesis | 3 | F/Sp/Smr | | | | | |

| Name: | Program Start Term: | | | | |
|-------|---------------------|----------------------------------|--|--|--|
| MS | SAH Healt | thcare Administration Curriculum | | | |